

## Subject Area - PE

### Rational Overview –

What does this subject look like at Chancel Primary School?

A quality PE curriculum should encourage pupils to lead healthy, active lives. It should inspire children to want to become active by equipping them with the necessary skills to take part in physical activity. Pupils should have access to 2 hours of high quality PE lessons each week, as well as being encouraged to be physically active in their own time. This can be done through enriching after school clubs, utilising break times and lunchtimes effectively and providing links to community sports clubs. PE should also instill important values within the children such as fairness, respect and teamwork; skills which can be applied to many aspects of their daily lives.

At Chancel Primary School, we employ strong teachers with expertise in the subject area. These sports coaches are specifically trained to understand how to plan and teach a progressive, purposeful programme of study, which systematically builds upon prior skills and knowledge. This programme of study is shared with the subject leader to ensure all children are getting access to a high-quality curriculum and that skills are being developed appropriately across year groups. Assessment is undertaken by sports coaches, ensuring children's attainment is identified and their skills built upon in subsequent lessons.

Our school provides frequent and numerous enrichment opportunities, including Glow-in-the-Dark Dodgeball and Dance, Archery, Fencing, Zorb Football, Hockey, World Cup Football, Soccer Aid, Skipping Workshops, and Athletics and fitness workshops. This aims to increase children's participation in sport, raises the profile and enjoyment of sport and broadens children's cultural capital within the subject. We celebrate our year of sporting success with a whole school sports day at the end of the year, inviting parents to this to further celebrate sport.

Children's sporting opportunities outside of curriculum time are also numerous. We provide many after school clubs for children, including football, running, netball, dance, gymnastics, dodgeball, parkour, tri-golf, archery, cricket, multi-skills, and athletics. We provide specifically targeted interventions, identified through baseline assessments and discussions with class teachers/parents, where we use sport to target a specific need e.g. HLP. This provides children with further opportunities to be active.

At Chancel, many children have access to regular sporting competitions, where they are able to engage in healthy competition. This builds character but also provides a purpose for their hard-earned skills, as well as engaging with the local community and beyond. We have enjoyed much recent success, winning many competitions and even attending county finals in 5 different sporting disciplines. This further evidences the excellent work being done around the subject.

Staff have identified opportunities to strengthen the subject, including:

- Providing regular CPD opportunities for all staff to ensure skills and understanding in how to teach the subject are refreshed.
- Sharing assessment data with class teachers and parents
- Ensuring the subject leader is updating teachers on what is happening with the coordination of the subject
- Having plans in place for children missing other lessons when attending competitions or interventions
- Becoming a key member of the sporting community by engaging further with local sporting clubs

### Intent (overarching

aims- What skills do we wish our pupils to acquire?

In EYFS, PE is encouraged daily; practitioners plan opportunities within their Physical Development Education Programme for children to be active and interactive. Children develop their coordination, control and movement through access to enriching outdoor spaces and specific lesson time. They develop basic physical skills, both fine motor and gross motor, to prepare them for the next stage in their learning journeys.

Throughout KS1, these basic skills of coordination, control and movement are further built upon during a systematic scheme of learning delivered by Progressive Sports. Children access a range of opportunities to extend their agility, balance, coordination. Each skill area is applied to various sports so that children get to use their skills purposefully- this is mapped out to be built upon year-on-year. Pupils are taught to master basic movements, participate in team games, and perform dance and gymnastic movements through 2 dedicated weekly PE slots. Pupils get additional opportunities to engage in competitive sport, competing in house teams in intra-school competitions and getting the opportunity to compete against children from other schools.

During KS2, children continue to apply and develop their skills. Building upon their Progressive Sports devised specialist curriculum followed in KS1, they are taught the skills of running, jumping, throwing and catching and can apply this to competitive games (including netball, basketball, cricket, football, hockey, dodgeball, rounders, and tennis). Through specialist sports coaching, children are offered a wealth of opportunities to practise their skills in action, and begin to see links between sports and the skills needed. Children are furthering the additional skills of communication, collaboration and competition by developing tactics and applying basic principles for attacking and defending. In addition, children's dance and gymnastics skills are further built upon; children develop their flexibility, strength, technique, control and balance.

Importantly, across all phases, children are offered a variety of enriching days to allow them further opportunities to embed their key skills, as well as inspiring a love of the sport. They are taught to live healthy lives, and children understand how physical exercise is fundamental to this. Children leave school as physically competent, active, and competitive individuals ready for the world that faces them.